

GOMOA EAST DISTRICT ASSEMBLY
MENU FOR GHANA SCHOOL FEEDING PROGRAMME

DAYS	FOOD SERVED	MEASURE	CLASS
MONDAY	Rice and Kontomire	Height=6.7cm Circumference=37.70cm Volume=370ml	KG 1-6
TUESDAY	Beans stew and Gari	Length=20.0cm Circumference=21.15cm Volume=370ml	1-6
WEDNESDAY	Banku and Okro Stew	Height=5.5cm Circumference=37.70cm Volume=370ml	1-6 KG
THURSDAY	Waakye and Egg	Height=6.7cm Circumference=39.28cm Volume=380ml	1-6
FRIDAY	Jollof rice and Fish	Height=6.7cm Circumference=37.70cm Volume=370ml	1-6